

**Lindsey Wilson College
Women's Indoor Track & Field Records**

Updated: 4/14/11

Event	Athlete	Result	Date
55 meters	Kristina Wimsatt	7.70	2/20/10
60 meters	Sashsheena Stewart	8.29	2/18/05
200 meters	Amber Cannon	26.90	2/17/07
400 meters	Amber Cannon	1:01.34	2/11/06
600 meters	Stellah Sang	1:38.06	2/17/07
800 meters	Stellah Sang	2:16.68	3/9/07
1,000 meters	Kamila Bocian	2:53.13	3/11/06
1,500 meters	Stephanie Ward	5:03.01	2/4/00
Mile	Everlyne Asiba	5:08.40	3/1/97
3,000 meters	Sharon Ronoh	10:35.34	2/19/11
5,000 meters	Sharon Ronoh	17:34.04	3/5/11
1,600 meters Race Walk	Amanda Johnson	8:03.06	2/2/08
3,000 meters Race Walk	Nicole Furnish	14:43.00	2/20/10
55 meters Hurdles	Ruth Olson	9.39	2/11/10
60 meters Hurdles	N/A	No Record	N/A
4x160 meters Relay	Brandy Garth Jackie Clayton Erin Bomgardner Misty Clark	1:33.67	2/12/00
4x200 meters Relay	Kristina Wimsatt Amber Cannon Brenetta Bradley Talathia Weekes	1:53.92	2/11/06
4x400 meters Relay	Amber Cannon Meagan Crouse Alvi Bejleri Kamila Bocian	4:07.59	2/18/05
4x800 meters Relay	Meagan Crouse Monicah Maiyo Cassie Niersel Stellah Sang	10:04.06	1/26/07
Distance Medley Relay	Grace Korir Meagan Crouse Cassie Niersel Stellah Sang	12:38.65	3/8/07
High Jump	Dana Hayse	4-11.75 feet 1.52 meters	2/8/03
Long Jump	Kristina Wimsatt	17-7.00 feet 5.36 meters	2/13/10
Triple Jump	Kristina Wimsatt	31-4.50 feet 9.56 meters	2/21/09

Shot Put	Elizabeth Amponsah	35-4.00 feet 10.77 meters	2/20/10
Weight Throw	Tiarra Cecil	42-5.50 feet 12.94 meters	2/18/05
Pentathlon	N/A	No Record	N/A

